# FORT SAM HOUSTON CONTRACTOR LEADING TO SHOULD BE SHOULD BE SHOWN TO SHOULD BE SHOULD

"One Team, Supporting Military Missions and Family Readiness!"

# Mullen addresses suicides, ops tempo during Texas visit

By Rich Lamance

Special to American Forces Press Service

Suicide rates, operational tempo and homeless veterans were some of the topics facing the chairman of the Joint Chiefs of Staff during a news conference following a visit with wounded Soldiers and their Families at Brooke Army Medical Center April 17.

Navy Adm. Mike Mullen, along with U.S. Sen. John Cornyn and U.S. Rep. Henry Cuellar, both of Texas, spoke to reporters following visits to the burn unit at BAMC, as well as to the Center for the Intrepid, the state-of-the-art rehabilitation center adjacent to the hospital.

The group met reporters following a visit to the new Warrior and Family Support Center, a 12,000 square-foot, \$5 million facility opened Dec. 1, 2008, for injured servicemembers and their Families.

"Brooke Army Medical Center is state-of-the-art and is considered the gold standard for health care for our wounded warriors," Cornyn said. "We're proud of the services here and the healing afforded our wounded servicemembers and their Families." Cornyn stressed that the government has an obligation above simply keeping the nation safe.

"We know that these are challenging times when it comes to national security to our country, with new and emerging threats. ... But I believe ... that keeping our country safe is the

See MULLEN P8



U.S. Air Force photo by Master Sgt. Cecilio Ricardo

Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, talks with Nain Gomez about online college classes during his visit to the Warrior and Family Support Center, April 17. Nain's brother was wounded by an improvised explosive device and is recovering at Brooke Army Medical Center.

# Tax center celebrates another successful year

By Lori Newman

Fort Sam Houston Public Affairs

The Fort Sam Houston Tax Assistance Center completed another successful year, preparing over 3,600 tax returns this season.

Tax center personnel and volunteers along with U.S. Army Garrison Commander Col. Mary Garr and Martha Matthews from the Internal Revenue Service were on hand April 17 in the Staff Judge Advocate office to celebrate the end of the tax season and the closing of the tax assistance center.

Capt. Benjamin Coats, Staff Judge Advocate office, began the ceremony by thanking the Soldiers and volunteers for their service at the tax center. Volunteer hours varied, but averaged about 15 hours per week.

"The success of the tax center in the end rides on the quality of people assigned to work in the tax center. We were fortunate this year to have a terrific group. The 20 Soldiers that you see here today have worked tirelessly for four months, delivering outstanding customer service and competent tax preparation to the seemingly never ending flow of patrons from every part of the military,"

See TAX CENTER P7



**NEWS LEADER** 

**Commanding General proclaims Law Day** 

of the people of the

# News Leader

### **Editorial Staff** rmy Medical Department Cente

nd School and Fort Sam Housto Commander Mai, Gen, Russell Czerw

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news.leader@conus.army.mil by close of

publicaffairs This year national vol-This Army newspaper is an authoriz blication for members of the Departme f Defense. Contents of the News Leader a weekly by the Army Medical Departme enter and School and Fort Sam Houst ublic Affairs Office, 1212 Stanley Road uilding 124. Suite 4. Fort Sam Houston verything advertised in this publicati hall be made available for purchase, u r patronage without regard to race, cold demonstrating the status, physical handicap, political affilia ejection of this equal opportunity policy I n advertiser is confirmed, the printer sh efuse to print advertising from that source ontent of this publication is the respon c., Military Newspapers, 2203

theme, "A Legacy of **Liberty - Celebrating** Lincoln's Bicentennial." encourages all Americans to explore the commitment to liberty, justice and equality signified by the legacy of Abraham Lincoln

under law. This year's

The survival of our democracy depends upon the uncompelled lovalty

United States to the rule of law, recognizing that no one is above the law. but to enjoy the freedoms and accept the responsibilities that distinguish our system of government from oppressive and tyrannical regimes.

The life and principles of Abraham Lincoln illustrate the value – and the

cost – of safeguarding our cherished legal tradition while working to improve that, which is imperfect. The notion of supporting and defending the Constitution of the United States has special meaning in a military community such as ours, where we are continually reminded of the sacrifices

involved in that defense.

Now therefore I, Major General Russell J. Czerw. Commanding General of Fort Sam Houston, do hereby proclaim Friday, May 1 2009, as Law Day. I urge all members of the Fort Sam Houston community to use this occasion to reflect upon, preserve, and strengthen the rule of law.

# **Army Volunteer Week April 19 to 25**

A message from Secretary of the Army Peter Geren, Chief of Staff of the Army Gen. George Casey and Sergeant Major of the Army Kenneth Preston

By Maj. Gen. Russell Czerw

Commanding General, Fort

Medical Department Center

brates its 51st Law Day,

Fort Sam Houston com-

munity to consider and

itage of government

appreciate our noble her-

an opportunity for the

Today our nation cele-

Sam Houston and Army

and School

unteer week will be celebrated across America during the week of April 19 to 25. Army volunteers in the active and reserve components will be honored through various local events and recognition ceremonies Army's appreciation for their spirit of service. The Army selected to celebrate "The Power of Volunteers Making a Difference" as the 2009 theme for Volunteer

President Obama said, "Don't underestimate the

Thought of the Week

power of people who join together, they can accomplish amazing things." The history of Army volunteers is just that; remarkable individuals who bonded together to improve Army life and in the process discovered their power to make a

difference **During Volunteer** Week we want to recognize the Army Family Action Plan program, which celebrates its 25th anniversary this year. AFAP was created by volunteers who sought a process to bring challenges to the eves of Army leadership and ask them to take action to improve the quality of life for Soldiers and their Families. Recognizing the importance of this effort, the Army assumed management of this pro-

Life offers no obstacles, only challenges — Author Unknown

gram. Today, AFAP continues to embrace volunteers providing a forum to voice concerns which resulted in 110 legislative changes, 155 policy changes, and 177 Sergeants Major improved programs and services. Some of the AFAP success stories are increased servicemembers group life insurance establishment of Army Bliss and El Paso military Family Team Building, installation volunteer

coordinators, School

Liaison Officers and

**Better Opportunities for** 

Single Soldiers. In honor

of AFAP volunteers, we

AFAP's anniversary April

Many noncommis-

sioned officers engage in

volunteer service improv-

ing the quality of life in

Army and civilian com-

(Source: Bits & Pieces, April 2009)

ask that you celebrate

24 during volunteer

munities. Not only do and civilian communities. they improve the world around them, they inspire their Soldiers and Families by the good works they perform. An example is the U.S. Army Academy where students volunteered 34,000 hours of service during a nine month period to the Fort

They built houses for Habitat for Humanity. donated Christmas gifts for needy families, laid wreaths at a national cemetery, and organized a fund raising event benefiting Big Brothers and Big Sisters.

We thank each of you for what you do. Army volunteers, Army strong!

# News Leader survey online

Submit your feedback to help improve the News Leader. The survey is available online at http://www.samhouston.army.mil/publicaffairs. For more information, call 221-0615 or 221-1031

# **Weekly Weather Watch** 81° 83° **71°** 75° 71° **71°** 77° 68° 84° 98° 82° 78° 80° 93°

# **News Briefs**

APRIL 23, 2009

# Newcomers' Extravaganza The mandatory Newcomers'

Extravaganza will be held April 28 from 9:30 to 11 a.m. at the Sam Houston Club. The extravaganza is for all permanent party in-processing Soldiers, lieutenant colonel and below, within 60 days of their arrival to Fort Sam Houston. The extravaganza is an opportunity to learn about Fort Sam Houston and the San Antonio area. For more information, call the Army **Community Service Relocation** Assistance Program at 221-2705 or 221-2418.

# 2009 Year of the NCO -Army Strong Dining-In

The 2009 Year of the NCO - Army Strong Dining-In will be held May 1 at 6 p.m. at the Sam Houston Club, Fort Sam Houston, All noncommissioned officers are invited to attend this great event. Various events will take place during NCO Week, April 27 to 30. Contact your battalion for tickets and a T-shirt.

# Theft of ring

The U.S. Army Criminal Investigation Command is offering a \$500 reward for information regarding the theft of a platinum diamond ring stolen Feb. 17 at the E Company, 232nd Medical Battalion, Building 1350. Call Special Agent Rodriguez at 221-1763 or 221-1764 with any information, reference Case No. 0092-09-CID044.

# Active-duty Family FIRST focus group

members Community Fort Sam Houston Department of the Army Community FIRST focus group for active duty Family members will be held April 29 from 8 to 11:30 a.m. in Building 122, Stanley Road, in the garrison headquarters conference room. For more information, call 221-2543 or e-mail samh.cms@conus. army.mil.

**NCO receives Bronze Star** 

By Jen Rodriguez **Brooke Army Medical Center** Public Affairs Office

YEAR OF THE NCO

Staff Sgt. Nathan Reed has always made a point to emphasize the importance of sharing wisdom with other Soldiers throughout the

"I share things with my Soldiers that others like my dad, grandparents and mom shared with me to pass it on, so that it may help someone else,'

It was to no surprise even to his wife, Belinda Reed, after he thanked a crowd of more than 40 Soldiers, medical and civilian staff members April 17 during his Bronze Star ceremony in the Center for Intrepid fover, that he also had a special message for fellow

"Keep on getting better," he said. "Don't look back to what was. Life is full of happiness and great opportunities."

seriously wounded, he

was able to direct the

Reed, 39, a Shreveport, La. native, was injured May 29, 2006 while serving as a scout section sergeant for Headquarters Company, Task Force 1-12 Infantry in support of Operation Iraqi Freedom. His convoy was struck by a vehicle-borne improvised explosive device, thing that he's done durwhich destroyed his vehiing the healing process cle. Although the company commander was killed in the blast and Reed was

establishment of security and prepare casualty evacuation for the other U.S. Soldiers and civilian He has always looked after his fel-

**NEWS LEADER** 

Reed's wife. "Sometimes he's called on to lift up their spirits to keep them going and give them hope," she said.

casualties.

low Soldiers, said

"Staff Sgt. Reed epitomizes the essence of the **Army's Warrior Transition** Unit mission," said Lt. Col. John Myers, Warrior Transition Battalion commander and host of the ceremony. "He's living the vision of our Army's tremendous programs to care for Soldiers and assist in their return to duty or return to their respective communities as contributing Veterans. He was severely wounded, evacuated, worked

"He's doing what an NCO should be doing today," said Maj. Stuart Campbell, officer in charge of physical therapy at CFI and the ceremony's distinguished guest, echoing Myers remarks. "What we're celebrating today is not about a single act or thing, when he was deployed, but it's every-

through the challenges of

transitioned back to active

healing, and successfully

and afterwards.' Myers said Staff Sgt. Reed is a great example of a noncommissioned officer.

After his care at Brooke Army Medical there knew what to do with him, said Campbell he worked to return to be the most effective."

was instrumental in his care here. "He was a big influence on me after the injury, when I came here. my toes, pushing me to keep going. He wouldn't let me feel sorry for myself."

While Reed has been at BAMC, he's healed to a level which allows him to mentor other Soldiers going through similar experiences as he has.

Currently, the staff sergeant serves as the A Company, WTB squad leader under "Continuation On Active Duty," regardless of the extent of injuries.

or the Army's.

Center CFI, Reed left Fort Sam Houston and went to Fort Knox, Ky., but no one "Being the NCO that he is, Fort Sam where he could Reed said Campbell

Maj. Campbell kept me on "Today, I don't think

about it much, what happened," he said. "I'm just happy to be alive, here.'

them to achieve their own With COAD, a Soldier is successful transition," he still eligible for promotion said. "He is a shining and competitive, allowed example of our Army's to reenlist and must be NCO leadership and selfable to work in a military less determination to succeed in life." environment without adversely affecting his or I am proud to serve her health or requiring with him, added Myers. extensive medical care. Receiving the Bronze Periodically, Soldiers are Star means a lot, Reed said. "It's an accumulare-evaluated to determine if further duty is harmful tion of everything that I've to their health or detribeen through in the last mental to their interests 19 years of training



PAGE 3

Maj. Stuart Campbell, officer in charge of physical therapy at Brooke Army Medical Center's, Center for the Intrepid, pins a Bronze Star Medal on Staff Sgt. Nathan Reed April 17 during a Bronze Star ceremony in the CFI fover, while Reed's wife. Belinda looks on.

Myers said Reed is an

"He gives back to his

fellow warriors every day,

mentoring and motivating

Soldiers to do what I've

in the BAMC-WTB.

been taught to do.' outstanding squad leader

The Bronze Star Medal is a United States Armed Forces individual military decoration awarded for bravery, acts of merit, or meritorious service.

"I consider myself a good mentor, who has helped fellow amputees in their recovery process,"

now. At least I hope they do," he said with a smile

With that attitude, Reed continues to pass on words of wisdom to fellow Soldiers. "They (Soldiers) here can identify with me with what they're going through and where I am

**NEWS LEADER APRIL 23, 2009** APRIL 23, 2009

# Chairman emphasizes need to 'Get It Right' for Soldiers, Families

By Heather Graham Special to American Forces Press Service

FORT HOOD, Texas -Making sure "we get it right" for the nation's soldiers and their families is his top priority, the chairman of the Joint Chiefs of Staff told about 400 4th Infantry Division Soldiers April 16.

Navy Adm. Mike Mullen was here to thank Soldiers and Families for their sacrifices and serv ice, and to listen to their concerns, comments and questions.

During a morning question-and-answer session with the Soldiers, Mullen fielded inquiries relating to phasing out the "stop-loss" program that keeps some Soldiers in the Army beyond expiration of their enlist-

stop-loss, Mullen said he

has not been a supporter

of the program for a long

time and thinks it needs

expectation we will con-

Most of the questions

dealt directly with deploy

to go away. "It is my

tinue to call on the

[Individual Ready

Reserve]," he said.

ments and what the

future holds for the

ments, as well as suicide prevention and mental Those challenges health, "dwell time" at home stations between deployments and the Warrior Pay program. Responding to one Soldier's query about

force.

"We've got to win the fights we're in while building the health of the force and more time at home," Mullen said. As troops are entering

the eighth year of the nation being at war, the a "1-and-1" rotation schedule, serving one year deployed with one year at home before the

Soldiers and their **Families** 

nary times of change," Mullen told the Fort Hood Soldiers, most of whom recently returned from 15 months in Iraq. Continual deployments with no end in sight were part of the chairman's message, especially as the focus shifts to the war in Afghanistan. Mullen also acknowledged that the need to balance training with limited dwell time at home has stretched the

"We live in extraordi-

"You've met that challenge and all things associated with it," the chairman said.

Mullen said he would take input he received here to Washington and "incorporate the informa tion into the leadership challenges we have to make to move forward."

include increasing dwell time while providing resources and training to meet the mission in Iraq and the shifting focus to Afghanistan

Army and Marines are on

next deployment, Mullen said he does not expect that schedule to change soon, but that "in 18 to 24 months, we should see

more daylight between

deployments." Though the Iraq mission is winding down, the war effort is shifting to Afghanistan, with 17,000 troops scheduled to deploy there, mostly in the south, in the next few months, Mullen said. An additional 4,000 troops focused on training Afghan forces are expected to deploy later this

The chairman said when additional troops are brought in, violence is expected to go up at first, the chairman said.

vear.

"Hopefully, roughly one vear from now, we will have that turned around," he said. "I am hoping in the next 12 months we have taken significant steps to turn the tide."

"Home-tempo," Mullen's term for nights spent at home, is expected to rise significantly beginning in late 2010 through mid-2011. Soldiers could start to see 15 or 18 months, and eventually 24 months of dwell time between deployments, he said.

"Our long-term goal is to be home for three years," he added. "We will move in that direc-

tion." As the Army continues to grow and the new units are up to speed, the pressure on Soldiers should begin to ease, Mullen said. But this is an expeditionary Army, he noted, and it will continue in that vein.

"I don't see a time when deployments end," he said.

Therefore, he said, the Army must do all that it can to ensure Soldiers and their Families are taken care of and receive the support and resources they need.

"We could not be where we are without Family support," Mullen said. "We cannot sustain if we don't continue to support the Families."

Army Sgt. 1st Class Michael Miles, a 4th Infantry Division chaplain's assistant who recently returned from his third deployment to Iraq and sixth overall, agreed with the chairman that Family support is vital to Soldiers' ability to complete their missions overseas.

"My family has been my backbone," Miles said One key to that support, he added, has been open lines with his wife and children.

"Communication has been important," he said.

Over time, Mullen said, support services — especially mental health services — have evolved and

# **ARNORTH team travels** to Boise for fire fighting conference

By Don Manuszewski U.S. Army North

Led by the Federal **Emergency Management** Agency Region X Defense Coordinating Officer, an U.S. Army North team participated in the National Interagency Fire Center and the Department of Defense Spring 2009 Wildland Fire Conference in Boise Idaho April 14 and 15. Col. Richard Jenkins,

Region X DCO, said the conference is an important piece of an overall planning effort by NIFC and Department of Defense officials to be able to manage wildfires and put them out as quickly as possible when they do occur. Jenkins' role during wildfire response is the coordination of any Department of Defense support requested by the NIFC, which would normally consist of aerial suppression assets,

civilian ground crews. The ARNORTH piece of assisting NIFC with the Wildland Fire Fighting effort entails the land component of the overall Department of Defense response force.

rotary wing support, or

ground units to augmen

"We have a large logistics capability that civilian officials rely on when the time comes," said John Bruce, See CHAIRMAN P9 | ARNORTH current operations. "Additionally, if an active duty battalion is called into assist local authorities ARNORTH would provide the command and control for them."

Also at the conference were officials from the National Guard, U. S. Forrest Service, National Weather Service as well as the Office of the Secretary of Defense, Joint Director of Military Support, U.S. Northern Command, and Air Force

"The beauty of NIFC is the focus on fire management," said Neal Hitchcock, deputy director of fire operations "which can only be accomplished with our partnerships and getting the support from the Department of Defense when we need it."

Weather officials said during the conference that the weather patterns this year are making it difficult to predict but emphasized that the dry pattern that the U.S. southwest has been in continues to persist and make the area vulnerable to fire.

"Regardless of where the fires will be we have to be ready," said Bruce "and the partnerships we establish and strengthen at conferences like this are essential to everyone's success."

# DMRTI receives annual U.S. Surgeon General's Outstanding Service Award

By Melody Fugazzotto and Lt. Col. William White **Defense Medical Readiness** Training Institute

Navy Rear Adm. Robert Williams, acting deputy surgeon general of the United States, and Navy Rear Adm. David Rutstein, chief medical officer, U.S. Public Health Service Commissioned Corps flew to San Antonio, April 7 to specifically, present the Surgeon General's **Outstanding Service** Award to the Defense **Medical Readiness** Training Institute at Fort Sam Houston.

The award was presented to the institute for outstanding efforts to coordinate and deliver

training and thereby improve medical personnel readiness across the uniformed services. DMRTI is a joint military medical unit under

joint medical readiness

the Assistant Secretary of Defense Health Affairs. whose primary mission includes conducting trauma, disaster preparedness, and homeland security and contingency operations training throughout the world. Col. John Mitchell, commander of DMRTI, responded to a request

> for assistance by the U.S. Public Health Service by sending a tri-service team of eight nurses, medics and corpsmen from DMRTI to Washington, D.C. during



(From left) Acting, Deputy Surgeon General of the United States, Navy Rear Adm. Robert Williams presents award to the Commander, Col. John Mitchell, Defense Medical Readiness Training Institute, Fort Sam Houston. Looking on is Navy Rear Adm. David Rutstein, Office of Force Readiness and Deployment, Office of the Surgeon General.

the 2009 inauguration. The team was tasked to assist Public Health

Service personnel in the daunting task of training started lining up in front both Public Health

Service clinicians and Disaster Medical Assistance Teams.

The DMRTI team, led by Lt. Col. William White. conducted practical training for more than 100 health care clinicians. Training topics included blast injuries, burn care, cold weather injuries, litter carries, crush injuries and radio communication.

After training was completed, the DMRTI eam embedded with public health clinicians manning medical tents setup throughout the U.S. Capitol area. A total of 750 were treated on inauguration day among the 1.8 million visitors. White stated, "People

the morning, battling the freezing cold weather for hours before the festivities began." The types o conditions encountered ranged from hypoglycemia, seizure, chest pain, falls and a variety of minor cold weather injuries. The DMRTI team wa comprised of a mix of seasoned combat veter-

of the U.S. Capitol build

ing as early as 0300 in

ans and gifted instructors that included Lt. Col. William White, Maj. Gayle Randall, Capt. Joseph Newsome, Lt. Kelli Anderson, Lerov Cantrell, Air Force Tech Sgt. Tara McCraw, Navy Petty Officers 2nd Class

See AWARD P16

PAGE 6 **NEWS LEADER APRIL 23, 2009** 

# YEAR OF THE NCO

# **Wounded warrior NCO returns** to qualification range

# By Jen Rodriguez

**Brooke Army Medical Center** Public Affairs Office

The last time Sgt. Bret Cherry, 25, participated in the M-16 Zero **Oualification Range was** in 2006.

He shot at the sharpshooter level, ranging between 33 and 37 out of 40 possible hits.

Three years later, the wounded warrior returned to the firing line April 15 at Camp Bullis along with Brooke Army Medical Center's Troop Command Soldiers with one goal in mind; to remain on active duty.

This month, Cherry will go before a medical board for the next two to three months to determine whether he's fit enough to remain in the

The medical board will consist of appointments and evaluations to determine if he's ready to go back to the Army or get out based on his dis-

Cherry, a cavalry scout assigned to Task Force Fury, was injured Oct. 25, 2007 in Afghanistan While returning from a mission, his vehicle was struck by a vehicle-borne improvised explosive device resulting burns to seven percent of his body to his face, legs, arms, head and hands. He also received nerve damage to wanted to work in this



Photo by Jen Rodriguez

Sgt. Bret Cherry, a wound warrior adjusts his M-16 rifle to align the sight with the rifle barrel, during zero range April 15 at Camp Bullis. Cherry was injured Oct. 25, 2007 in Afghanistan, and received burns to seven percent of his body to his hands, face, arms and head with some nerve damage to his left arm

his left arm and part of his stomach was removed.

Cherry said, "I hope that qualifying on the range and completing the 26.6-mile Bataan Memorial Death March at White Sands Missile Range in 12 hours on March 29 will help me on the medical board. I have to be found fit for duty on a point system."

Under the point system, getting all ones is the highest that a Soldier can achieve.

"... that means I'm good on everything," Cherry said.

When he clears the medical board, Cherry wants to change his military operation specialty to an explosive ordnance disposal.

He admits he always

field before he was injured. "I don't see many EOD around here," he said. "Either the bomb gets them good or they don't get injured, because their vehicle takes the explosives."

At one time, he wanted to become a warrant officer and fly helicopters, but he said "I don't think they'll take me with my nerve damage. I can't make a full fist vet."

Cherry was concerned about the difficulty of lying in the prone position, before the range went hot, because he hadn't done it in a while

Determined, while battling Texas winds and hot spells, Cherry laid in the prone position with an M-16 rifle and fired round after round at the

See WARRIOR P9

**APRIL 23, 2009 NEWS LEADER** PAGE 7

### TAX CENTER from Pl

Coats said.

Coats credited the IRS for their assistance, saving "The folks at the IRS extending their program to the military were such a huge benefit to the military community, and we really do appreciate that. They trained our preparers ... now they are expert tax preparers." The IRS trained all the

volunteers in tax preparation, provided the necessary forms and answered questions when necessary.

Coats went on to say the benefits to the Fort Sam Houston community were great. We assisted 3,637 taxpayers, saving an estimated \$592,450 in tax preparation fees.

Coats said the number of returns filed by the tax \$7,346,378, a Fort Sam



Capt. Benjamin Coats (right), Staff Judge Advocate office, briefs Col. Mary Garr, U.S. Army Garrison commander, April 17 before the closing ceremony for the Fort Sam Houston Tax Assistance Center.

center increased almost 12 percent from last vear. The refund total for this year was

Houston record. Last vear the refund total was about \$4.5 million.

"That's about \$8 million dollars coming back nity," Coats said.

"On behalf of the Internal Revenue Service I would like to thank the Fort Sam Houston community and all the members and staff and civilian personnel that helped with the program this year, your cooperation in working with us is what made this program a success," said Matthews. Garr praised the vol-

unteers saying, "What a great job you all did. You should be extremely proud of all the support you provided Fort Sam Houston." "It takes a great team

to pull together and

accomplish important The volunteers missions, nobody does it alone, you all pulled together to make that Hughes, Master Sgt.

to the Fort Sam commu-

making a difference for our community, making it easier for them to do something that we all go through ever single year. Many people either don't have the time or it's so complex and overwhelming that it's an impossible task to do without some help. You helped make it easy on them so they could focus on their mission, their Families, their lives. We truly appreciate what you did for us this year. Thanks again for all you have done to make our 2009 tax season a very successful one," Garr

happen ... The bottom

included Ann Mancillas, Theresa Reyes, Mary

line is you were out there Marine Gunnery Sgt. David Ramirez. Sgt. 1st Class **Quinshaun Hawkins**, 232nd Medical Battalion, served as noncommissioned officer in charge of the main tax center; Staff Sgt. Baffour Agbey, 32nd Medical Brigade, served as the NCO in charge of the Brooke Army Medical satillite office: and Sgt. Jennilyn Bruce U.S. Army North, spearheaded the student assistance program, which helped more than 400 members of the Fort Sam Houston

Esther Bailey-Young and

The volunteers and full-time personnel received certificates from the IRS recognizing their service.

trainee population.

### MULLEN from Pl

No. 1 job of the federal government, then, keeping our commitments to those who wear the uniform and our promise to those who take off the uniform."

Cuellar also stressed the importance of care for wounded warriors. "When the parades are over, the music stops, and the confetti stops hitting the ground," he said, "we look at the care we provide our men and women. That's so important, and that's why

we're here today." Mullen faced the guestions of a rapid rise in suicides within the military, primarily in the Army, since 2006. He told reporters that the answers start at the top.

"We are alarmed at the increase in suicides, particularly in the Army," he said. "In all services, the numbers are going up, and ... we are on a pace in 2009 to exceed 2008.' The chairman noted,

however, that he was encouraged by a visit to Fort Hood, Texas, the day ize that stress is driving a before.

"I was struck that there are 54,000 soldiers at Fort Hood, and there has been only one suicide since January," he said. "As tragic as each one is. that's a pretty remarkable number when you consider the number of Soldiers who are there.

But as bleak as the numbers are, Mullen said, he believes there is a solution.

"I think the solution is

leadership," the chairman said. "It's leadership at the top – and that is certainly going on at Fort Hood, but it's also leadership at the [noncommissioned officer] level. And I know the leadership of the services – especially the Army – is very focused on this, and I think that's really a big

But Mullen admitted that the services have been pressed hard during eight years of war and constant deploy-

part of the solution."

"Our stress levels are up, and we have to reallot of this, and we've got to look at ways to relieve that stress," he said. "The first big step in taking care of our problem is acknowledging that you have one - and we do. Suicide is never easy, [and] solving it won't be easy. But everyone in leadership is focused on it."

Prompted by the recent deaths of two soldiers at BAMC from alleged causes still being investigated. and other cases involving recovering soldiers, Mullen addressed reporters' concerns about the issue.

"When we speak to those wounded Soldiers as well as those who are caring for them, it's clearly a delicate balance here," the admiral said. "In many cases, it's very tough and stressful times for individuals, and that's why coming here to family support is so important It is important and uplifting. We try to pay a lot of attention to the symptoms that are there, and tragically, sometimes individuals are in a position where the downside occurs and we lose them.

During the session. another topic addressed by reporters was the con cern about operational tempo and whether a larger Army might solve the problem of too little time at their home stations for Soldiers between deployments

the authorized endstrength increase from about 485,000 when these wars started," Mullen said. "It's my view that that's about right And we just got to [574,000], and I'd like to to do that. So there's a settle out on that before l delicate balance." make any decisions on whether we should increase that."

The topic of operational tempo, Mullen said, is a critical issue for which he believes relief is in sight.

"As I look out within the next 18 to 24 months I can see a time when units will have more time at home," he said. "I've pushed hard on leaderwhen they are home, they're home — so when they're home during those 12 months, they spend as much time home as possible. In fact the term I use is 'home tempo.'

"We need to be paying

attention with every

Soldier, Sailor, Airman,

Marine," he added, to

ship to make sure that

"We're at, in the Army ensure they have time today, 547,000, which is with their Families between deployments. "At the same time," he added, "these are units that are going to prepare for combat again, and they have to have the right amount of training

> During the chairman's visit, he told the audience that he and his wife, Deborah, were especially impressed by the spirit and determination not only of the wounded Soldiers, but also of the Families of many of the fallen left behind.

"Yesterday, my wife and I met with a dozen or so Families who had lost their son or daughter or

brother or husband or spouse," he said. "And in every case, we came away inspired by their strength. And it has never happened that a parent or a brother or a sister or a spouse hasn't said that he or she died doing exactly what they wanted to do. They are proud of their service, and so are we. We would not be the country we are without that.

"They know that, the Families know that, and certainly any loss, under any circumstance, is tragic, and we work to prevent it as much as possible," he continued. "The extreme concern we have is suicide."

Concerns about wounded warriors who leave the service unable to find work also was a topic of discussion and one that Mullen said needs to be addressed before mistakes of the past are repeated.

"It's something I'm extremely sensitive and focused on," he said. "I call myself a 'Vietnam See MULLEN P9

APRIL 23, 2009 NEWS LEADER PAGE 9

# WARRIOR from P6

zero range, longer than he thought.

"I had a defected gun," he said. "The rear sight kept dropping down each time I fired. I had to switch out weapons and start all over again." Finally with a working weapon on target, Cherry

was given the thumps up

to proceed to the qualifi-

cation range with a 10silhouette target. The qualification range consists of three rounds. Soldiers are issued a 20-round magazine and have two minutes to put it into a sil-

During the second round, Soldiers are issued a magazine with

seconds to put it in each silhouette in the prone unsupported position. On the third and final round, Soldiers are issued a 10round magazine and must get into a kneeling position and have 60 seconds to put no more than two rounds into the targets. At the end of the day,

Cherry was impressed

with the results. He shot

10-rounds and have 15

34 out of 40 possible hits, earning the title of sharpshooter once again. "It's what I expected to shoot," he said. Overall, I think I was about even with the rest of the houette of ten figures in Soldiers. The only thing, the prone supported posiwas loading the ammuni-

> slower." But, he shrugs, "That'll come with time."

tion. It was a little

# CHAIRMAN from P4

needs of Soldiers and their Families. He addressed the mounting suicide rates across the services, and especially in the Army. Suicides are at an all-

expanded to meet the

time high, the admiral noted, and prevention is a primary focus on all levels. Addressing and relieving stress are important to suicide prevention, he added

Though one suicide is

said, he noted that Fort Hood has had only one confirmed suicide this "I applaud what you are doing," he said. "But we cannot rest on our lau-

too many, the chairman

stake." The stigma of seeking help for mental health issues has to end, Mullen added, and soldiers need to know they can ask for help without penalty or harassment.

In September, Mullen

said, he sat down with

about 20 homeless Iraq

rels, because lives are at

Combat stresses are

and receiving professional help should be encouraged to help Soldiers process and cope with their war experiences.

normal, he emphasized,

been through what you've been through," he said. "We've got to continue to focus on this." Mullen said he looks to leaders to make sure people are taking care of

est of times, it's great

leadership that gets us

want to do all I can to

condition after vou've

something that needs to continue to be worked. "We need to retain the best, recruit the best and "It is a natural human look to the future," he

through," he said, and

the leadership piece is

Following his meeting Mullen toured the instal lation. He met with Families and viewed some of the programs and facilities offered for wounded troops, Gold each other. "In the tough-Star Families, spiritual

> go off and fight our wars and do what we ask them to sacrifice so much."

fitness and resilience.

know I gave 100 percent All I'd like is 100 percent back."

**MULLEN from P8** 

baby' - we did not take very good care of [servicemembers] coming out of Vietnam. We have a generation of homeless veterans which we still need to focus on.

and Afghanistan veterans of homeless vets. Our at a Veterans Affairs hospital in Los Angeles. notwithstanding - is rich "And it's tragic in what enough and has the they've been through to get there," he said, "and I

make sure we don't generate another generation country – financial crisis resources to take care of these young people who

Mullen said one of the Los Angeles veterans summed it up best: "You APRIL 23, 2009

# **Physical Activity Taken to Heart at Fort Sam Houston Elementary School**

(From left) Kathy Maxwell, Laura Lamoureux, Nora Gonzalez, Christy Pryor

and Amy Cichon, elementary staff promote a healthy heart in a jump rope

By Dr. Kathy Maxwell Elementary School

Elementary students joined the American Heart Association for a month long emphasis on a healthy heart. Jump Rope for Heart, teaches elementary students jump rope skills and Hoops for Heart, teaches

students basketball skills while raising funds to support lifesaving heart and stroke research.

Physical Education teachers Amy Cichon and Ann Boelens coordinated all events to promote physical fitness and the value of community service. A "healthy heart" pep rally kicked off the month with exhibition basketball players, cheerleader, dancers, jump rope

rope competition and a guest speaker.

exhibitions, a staff jump

Basketball exhibitions were performed by Mayceo Wilson, Chase Miller, Jamir Billings, and Austin Isibor. Heart-to-Heart cheerleaderdancers were Charlene Jordan, Kristen Pauley, Jonamae Takai, Kvri Jackson, Leanne

Arianna Nesmith, Jocelyn Benning, Taquova Greene, Taylor Coble, Ashley Jeffords, and Melany Sonero. Students performing jump rope exhibitions were Avana Brown, Erykah Rowley, Tiana Combs, Maddie Bishop, Mayceo Wilson, Jamir Billings, Caleb Williams, Marcello

Ballares, Cara Taliaferro,

competition were Jones. American Heart Association guest

Courtesy photo

speaker, Amy Newman, discussed the importance of a healthy heart and ways students could support others through participation in events. To encourage active participation, she provided 700 jump ropes and six basstudents.

Broadus, Bryan Pickeral Austin Isibor, and Brandon Adams, Staff members competing in the jump rope jump-off were Tonya Hyde, April Blanco, Stacey Carter, Laura Lamoureux, Rhonda Francis, Andrea Garcia, Nora Gonzalez, Brandon Jones, and

Kathy Maxwell. King and

queen of the jump rope

teachers Susan Baer and Brandon

# FSH fifth graders celebrate culmination of D.A.R.E. training

By Dr. Kathy Maxwell Fort Sam Houston

Elementary School Culmination of the

Drug Abuse Resistance

Education program for

marked April 9. Students

the fifth graders was

applauded their 101

classmates that graduated from the D.A.R.E. program as each received a D.A.R.E. certificate. The ceremony began with a welcome from Brenna Howell, fifth grade social studies teacher, followed by Jessica Washington leading the Pledge of Alle-

giance to the American

flag. An introduction to

the D.A.R.E. program and

its' purpose was made by

Officer Adam Deremiah. Following Deremiah, elementary principal Tonva Hyde introduced special guests who provided inspirational messages and encouragement: U.S. Army Garrison Commander, Col. Mary Garr; Sgt.

Maj. Shawn Barnes; Dr. Gail Siller, Fort Sam **Houston Independent** School District superintendent; and Eustace Lewis, FSHISD School Board vice president Garr addressed the

audience with a heartfelt, direct message, followed by a review of the meaning of D.A.R.E. Garr taught the students the meaning of the Army response, "Who Ah!" and encouraged the students to respond in kind when they agreed with her statements. After engaging in conversation with the students, Garr skillful ly tied the responses back to the D.A.R.E. topic of abstaining from substance use and abuse.

Howell summed up the significance of this solemn occasion stating, "This is one of three times you are going to walk across a stage in your life, with each having a very special

See D.A.R.E. P16

APRIL 23, 2009 **NEWS LEADER** 

# ROBERT G. COLE MIDDLE/HIGH SCHOOL HONOR ROLL

Wade, Mackenzie

**Seventh Grade** 

Brewington, Patrick

Chavez-Gates, Deanna

Ballares, Uelle

Brooks, Hannah

Coleman, Kelli

Cooper, Suzanne

A/B Honor Roll

Sixth Grade

Brooks, Riley

Brown, Emma

Fardink, Mary

Gallegos, Rori

Gallegos, Tae

Gomez, Brando

Henkes, Bethany

Ivery, Bryce

Juni, Colleen

Lopez, Ariel

Mudd. Tyler

Nettles, Nygil

Pace, Chelsea

Schmidt, Corev

Schuster, Kealoha

Strickland, Collin

Sween, Julian

Thirakul, Smitt

Vazquez, Joshua

Porter. Emily

Kurek, Zachary

Leonard, Brittany

Mantovani, Adrian

Overstreet, Kathryn

Montova, Alvssia

Hayes, Domonique

Burgess, Joshua

Chavez, Kassandra

Garcia-Sanchez, Jonat

**Third Nine Weeks** 

Albekova. Manzura

Boorse, Hannah

attained academic success for the third nine weeks of the 2008-2009 school year. To qualify for the two honor rolls, students must earn the following grades: A Honor Roll — a grade of 90 or higher in all classes: A/B Honor Roll — a grade of 80 or higher in all classes with at least one grade of 90 or higher.

Many of the Robert G. Cole students have

Third Nine Weeks

A Honor Roll

Sixth Grade Jordan, Steven McClellan, Brandon Mejia-Hernandez, Bryan Penny- Fletcher, Tatiana

Eubanks, Bianca Garr, Patrick Howell, Carter Kelly, Ethan Lougee, Isabelle Ware, Grace Whiteley, Ethan **Eighth Grade** Brock, Julia Cenney, Teresa

Renz. Marlene Rodarmer, Alexia Smith, Megan Sucec, Cameron Ninth Grade

Seventh Grade

Darbyshire, Kayla Garcia-Sanchez, Eile Gibson, Ruby Hagan, Dana Morrill, Hayley

Estrada-Chapman, Mickel

Gresenz, Molly Herel, Alexandra Lamoureaux, Christopher Mercado, Francesca Mojica, Aida Storey, Seth Well, Ryan Wessies, Savannah 10th Grade Juni, Katelyn Kelly, Connor Renz, Megan 11th Grade Fee. Nicole

12th Grade

Andrews, Breanna

Cunningham, Jason Gonzalez-Carrero, Luis Gutierrez, James Harmon, Shanice James, Acacia Jeffords, Mariah Lewis, Morgen Mahon, Francis McClellan, Jonathan Ochoa, Lucas Ota, Rose-Marie Pappas, Joseph Ramos, Eric Randle, Andreanika Richardson, Teryn Robinson, Malik Rodriguez, Andrew

Sauer, Megan

Storey, Abigail

Strob. Nicholas

**Eighth Grade** 

Brav. Aleksander

Brinson, Jasmine

Baird, David

Steiman, Brittany

Ninth Grade Abin. Derek Boothe, Jasmine Brooks, Johnathan Dean, Kelsey

Brown, Destiny

Colon. Yenesis

Costello, Sarah

Crotts, Abigail

Daugherty, Robin

**Dudley. Timothy** 

Guerrero, Andrey

Hallstrom, Kayla

Jackson, Anthony

Horner, Hannah

Howell. Brent

Joers, Stacia

Larsen, Grace

McCobb. Tyler

Miller, Zachary

Pace, Sybellen

Ramirez, Jeana

Sablan, James

Starnes, Mason

Stolicki, Brittany

Suszko, Christophe

Stout. Amber

White Rashad

Williams, Enrique

Williams, Olivia

Smith-Douglas, Mikayla

Schell, Jacob

Scott, Jaida

Fia. Rachael

Hall, Amanda Henkes, Chelsey Kiss, Jessica Larvins, Kayla McLamb Emily Nagies, Thomas Overstreet, Katelyr Potts, Tayler Sweed, Perri Taliaferro, William

Valderrama, Suheily

Williams, Taylor

Battenfield, Elizabeth

11th Grade

Dochnal, Aidan

Garcia, Meagan

Villescas, Moses Alvarez-Diaz, Ramon Cadd, Otis 10th Grade Atkinson, Nikkia Christman, Charles Cunningham, Derek Hogan, Carlton Lagutchik, Ashton Larsen, James Mapu, Luamalae Michna, Valeri Newcomer, Gretcher Rigsbee, Katrina Rush, Meagan Schuster, Archie Starnes. Mollie Storey, Zoe Wiersma, Rvan Tatum, Rachel

Mahon, Mary Prothero, Julyette Richardson, Trevor Rolfe, Eric Schell, Zachary Sees, Michael Wafford, Lindsey Washington, Rebecca Wessies, Amber Wong, Jameson

Gilchrest, Cody

Long, Cristal

12th Grade

Well. Richard

Wiley, Marquis

Zegarra, Rosa

Weppelman, Catti-Brie

Carrillo, Brea Costello, Samantha Cunningham, Guster April 30 Danguah, Jane Fifth grade TAKS science Davis, Catherine Eggers, Nathan Gresenz, Casey Fifth grade TAKS LAT science Kelly, Clydshana Mazak, Alexandra Mincey, Ariana **High School** Pappas, Katherine April 27 Register, Colby Starks, Antanika

> Texas Assessment of Knowledge and Skills (TAKS)

LAT math grades sixth, seventh Regional Track Meet at Judsor High School, all day Band/Choir Banquet at

### SCHOOL DISTRICT WEEKLY CAMPUS ACTIVITIES APRIL 27 TO MAY 2 April 28

FORT SAM HOUSTON INDEPENDENT

FSH Elementary School Third and fourth grade Texas

April 27

Skills LAT math

TAKS LAT reading

reading retest

Third and fifth grade TAKS

in middle school conference

room 8:30 a m

April 28

TAKS LAT grade 10 ELA TAKS grades sixth, seventh and 10th math

TAKS exit level ELA retest Third and fourth grade TAKS TAKS grades sixth and seventh Third, fourth, and fifth grade

TAKS grade eighth reading Fourth grade TAKS reading

TAKS exit level math TAKS exit level math retest April 30

> TAKS grade ninth math TAKS grades eighth, 10th and

TAKS exit level science retest

TAKS LAT grades sixth, seventh

Student of the month breakfast exit level social studies TAKS exit level social studies

Roadrunner Club, 7 to 10 p.m.

PAGE 12 **NEWS LEADER APRIL 23, 2009** Photo by Kathy Salazar Edward Lopez smiles as he tries his skills on the gyro, one of several carnival rides offered during Fiesta held at MacArthur Field. Other activities included the human bowling ball, the mini Ferris wheel. Xtreme trampoline and the Monkey Maze, plus much more activities for Families to enjoy. Photo by Esther Garcia Miss San Antonio Alanna Sarabia **Photo by Esther Garcia** Col. Mary Garr, U.S. Army Garrison commander presents Fiesta (left) and Queen of Soul Ashley medals to members of the 82nd Division (Airborne) chorus Dixon visit with Soldiers at the **Photo by Esther Garcia** Photo by Esther Garcia Rocco Dining Facility following the following their performance on the Fort Sam Houston Fiesta stage. Stephen Cavender, King Antonio LXXXVII, bows to the troops on the field following his pres-Col. Randall Anderson, commander, 32nd Medical 32nd Medical Brigade Fiesta Run. entation of the Fort Sam Houston Fiesta medal by Maj. Gen. Russell Czerw, commanding Brigade, prepares to present the colors to the official Fiesta Royalty, Ballet Folkloric general, Fort Sam Houston and Army Medical Department Center and School. Czerw party during the military ceremony at MacArthur Parade Dancers and the Army Band came presented special medals to Fiesta royalty before the start of the 32nd Medical Brigade Field April 19. The military ceremony began with retreat out in the early morning hours of Fiesta Run held April 15. by the Old Guard Fife and Drum Corps, an awards April 15 at MacArthur Parade ceremony, guest speeches, and the most traditional part Field as more than 2,000 Soldiers of a military ceremony, the pass in review that showcased began the Fiesta Run. The event is more than 300 Soldiers. an opportunity to acquaint the Soldiers with Fiesta in San Antonio. Members of Ballet Folklorico Del Cielo, Photo by Kathy Salazar in colorful folklorico Pfcs. Kerri Woods (left) and Risa Willems-Kramer enjoy chicken Photo by Kathy Salazar

Lt. Gen. Thomas Turner, commanding general, U.S. Army North and Maj. Gen. Russell Czerw, commanding general, Fort Sam Houston and Army Medical Department Center and School, present the Commander's Award for Public Service to Charles Barrett, president, San Antonio Fiesta Commission; Stephen Cavender, King Antonio LXXXVII, and Charles Garza, El Rey Feo LXI, for their outstanding support and contributions to the military community.

# outfits, entertain the crowd with traditional

Mexican dances.

Fiesta goers join Patsy Torres, one of several entertainers at Fort Sam Houston's Fiesta, on stage to learn how to Cumbia. Clear bright sunny skies brought more than 20,000 people to Fort Sam Houston to enjoy the day's activities that included

on a stick and popcorn during Fort Sam Houston's Fiesta activities held April 19. More than 40 vendors provided traditional Fiesta foods that included roasted corn, turkey legs, gorditas, a variety of tacos, drinks, and everyone's favorite, the funnel cake with whipped cream and strawberries.



# Announcements

# **BOSS** variety show

The Fort Sam Houston Better Opportunities for Single Soldiers program is seeking talent for the upcoming New York street-style variety show entitled, "Boulevard of Music Dreams." BOSS variety shows have won first and second place in the Army Festival of the Performing Arts in previous years. There will be parts for a variety of talents to include singing, dancing, instrumentals, graffiti artists and break dancers. For more information or to schedule an audition, call Ben Paniagua at

# Microsoft Office 2007 classes offered

224-7250.

Army Community Service's Microsoft instructor will offer the following Microsoft Office 2007

May 1 — Word Level 1; May 4 — Excel Level 1; and May 6 - Excel,

Level 2 from 8 a.m. to noon at ACS, Building 2797 in the computer lab. Registration is required. For more information or to register, call 221-1841 or e-mail iennifer.lobo@us.armv.mil.

### **Harlequin Dinner Theatre** The Harlequin Dinner Theatre

will feature "Angel Street," a Victorian thriller by Patrick Hamilton, Thursday through Saturday evenings through May 23. This Broadway hit tells the story of the Manninghams, who live on Angel Street in 19th century London. For more information on show times or to make a reservation, call 222-9694.

### **Driver's education**

The Child, Youth and School Services will offer a driver's education course through the Schools of Knowledge, Inspiration, Exploration and Skills program. Spring session class dates are April 27 to May 21. Classes are open to all Department of Defense I.D. card holders. For information on class times, cost of course or to make a reservation, call 221-9548.

# **EFMP Support Group**

Army Community Service **Exception Family Member Program** offers a support group Wednesday

the School Age Service, Building 1705, Dodd Blvd. Each week the group is facilitated by Mutual **Enrichment through Learning and** Discovery and is open to Soldiers and military Families with special need members. Childcare and dinner is provided. Registration is required. For more information or to register, call April Nias, EFMP Program Assistant at 221-2604 or e-mail april.nias@us.army.mil.

evenings from 6 to 7:30 p.m. at

# Calendar of Events

**APRIL 23** Sexual Assault **Recognition ceremony** 

Sexual assault first responders and providers will be recognized for their dedication and commitment to the response and prevention of sexual assault April 23 from 3 to 4 p.m. at Army Community Service, Building 2797. Plan to attend the recognition ceremony to say thank you to the people who respond and help in the prevention of this crime. For more information or to register, call 221-0918.

# APRIL 25 Self defense for the Family

In recognition of Sexual Assault Awareness and Prevention Month a free self defense class will be offered April 25 at 9 a.m. at the

Center Brigade Gym. Instructors from several types of martial arts will be on site as well as vendors with self defense gear. For more information, call Staff Sgt. Maawac at 221-7367.

# **APRIL 27 Family Readiness Group** leadership academy The Army Community Service

Mobilization and Deployment Program will hold a Family Readiness Group leadership academy April 27 and 28 from 8 a.m. to 4 p.m. in ACS, Building 2797. For more information or register, call 221-2705 or e-mail samh.acs. mob.deploy@conus.army.mil.

# Savings and investment

Army Community Service Financial Readiness will hold a savings and investment class April 27 at 2 p.m. at ACS, Building 2797. Class space is limited. For more information or to register, call 221-1612.

# **APRIL 28 Women Encouraging** Women

Army Community Service Family Advocacy Program will hold Women Encouraging Women, a lunchtime seminar, April 28 from noon to 1 p.m. at ACS, Building

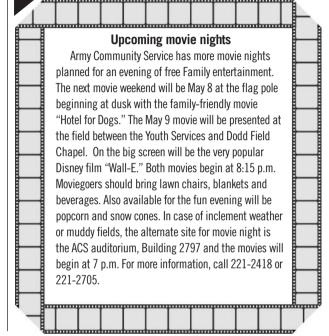
2797. The topic will be, "Tips on April 28 at 2 p.m. at ACS, Building how to maximize your money." 2797. Class space is limited. For Bring a healthy lunch, make new more information or to register, friends, and grow your potential. call 221-1612. For more information or to register, **APRIL 29** call 221-0349 or 221-0600.

Mandatory first PCS move

# Mandatory first-termer financial readiness class

Army Community Service Financial Readiness will hold a Army Community Service Financial Readiness will hold a mandatory first-termer financial mandatory first PCS move class

See MWR P15



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# MWR from P14

readiness class April 29 at noon at ACS, Building 2797. Class space is limited. For more information or to register, call 221-1612.

# Missions Baseball Military **Appreciation Night**

Come on out and recognize Fort Sam Houston Soldiers and Families at the San Antonio Missions Baseball Military Family Appreciation Night April 29 at Wolff Stadium. The game begins at 7:05 p.m. There will be several pregame activities. This game is one of five military appreciation nights sponsored by the Missions in honor 221-9904.

Sam Houston Soldiers will be chosen to throw the first pitch and sing the national anthem. Ticket vouchers can be picked up at the Fort Sam Houston Ticket Office located in the Sam Houston Club and other Family and Morale, Welfare and Recreation facilities. Limit 4 vouchers per person. Present Department of Defense I.D. card when picking up tickets from the Sam Houston Club. The vouchers may be converted to free general admission tickets at Wolff Stadium or used for upgraded seats for a small additional payment. For more information. call

of the military. A few lucky Fort



# **City Military Championship** Fort Sam Houston Golf Club

will host the 11th Annual City Military Championship April 25 and 26. Check in time for the

tournament is 7:30 a.m. with a 8:30 a.m. to 4:30 p.m. Cost is start time of 8 a.m. Cost is \$80 for non-members and \$40 for FSH Golf Club members. For more 1234 or 221-1532. information, call 222-9386. Law Day golf scramble

# Lifeguard Classes

A Fort Sam Houston Law Day Golf Scramble will be held May 1 The Jimmy Brought Fitness Center will hold a weekend lifeat 10 a.m. at the Fort Sam Houston Golf Course. The cost is guard class April 25 and 26 from

\$40, which includes green fees, \$160 per class. For more informacart and lunch. All friends, Family tion, call Ignacio Flores at 221-

and employees related to the San Antonio Judge Advocate General, law enforcement and military command and legal communities are welcome. For more information of to register, e-mail scott,r,crivelli@us.army.mil by April 20.

# **'OUR STRENGTH IS FOR DEFENDING'** In Recognition of Sexual Assault Awareness Month

# By Stacey Barnes

PAGE 16

Sexual Assault Response Coordinator, Army Community

The Department of Army and Fort Sam Houston officially recognizes Sexual Assault Awareness Month in April to raise awareness and to prevent sexual violence.

During the entire month of April the focus has been the concept of "Our Strength is for Defending." The theme highlights the Army's mission of defending our nation and to defend the safety of its own people.

Everyday servicemembers train to ensure that they are well prepared to defend the nation in a moments notice. Moreover,

minds and bodies to ensure that their skills are honed and equipped

Soldiers train their

to execute the mission. When sexual assault occurs within an organization this impacts mission readiness and can decrease responsiveness. Every Soldier needs to be prepared to execute their responsibilities and to be able to rely upon their team to work together proficiently, safely and successfully.

various degrees of issues through the recovery process. Their mental strength can become hindered as they work their way through this traumatic event. They may become distracted withdrawn or depressed

Victims of sexual

assault often experience

Moreover, they may have to deal with their own organization's becoming aware of the assault, and making comments and judgments. Physically victims may

have a decrease in

appetite and loss of sleep. Spiritually they may feel a loss of hope and faith for a better tomorrow. These aspects attack their overall strength and as they seek help and reach out for assistance their strengths can be renewed and this experience can become one in which they gain a new perspective. This new perspective can renew their hope, faith and belief in a better tomorrow, a better Army and better well being for themselves as an individual and as a Soldier. Soldiers, Family mem

bers and civilians are

encouraged to take a stand against sexual assault, support those that are recovering and prevent this crime by using your strength to defend the safety of fellow Soldiers, Family and organizations. This needs to be encouraged not just during the month of April, but all twelve months of the

During the month of April, the Fort Sam Houston community has encouraged everyone to consider all the aspects of sexual assault. If you are a survivor of sexual assault and wish to seek assistance call the 24/7 Hotline at 722-4920.

# AWARD from P5

Christopher Taylor and Joseph Sepulveda. The DMRTI's San

Antonio team that coordinated with the remote DMRTI instructors in the District of Columbia included Maj. Leroy Marklund, Daniel

Howard, and Navy Commander Manny Santiago, Bethesda, Md. These individuals provided pre-site coordination, assisted with supplies, and were an integral part of the training

continued through early

Boehm, Adrienne

### D.A.R.E from P10

meaning - D.A.R.E. graduation, high school graduation, and graduation from college."

ored for their D.A.R.E. essays, receiving special medals commemorating their success. Those students were Mariah Rogers, Matthew Schiek, Madelyn Bishop, Hannah Wafford, Alex Spero, and Melany Sonera.

ceremony the D.A.R.E. Mascot, Daren the Lion, arrived to join graduates for cake and water at the conclusion of the cere-

Classroom instruction began in fall of 2008 and

Six students were hon-

At the close of the

April 2009. Information was presented by Deremiah through honest and open direct teaching, hands-on activities, and workbook assignments sharing of information and moving stories of substance abuse, ending with a writing competition explaining the importance

President Barack Obama proclaimed April 8, 2009, as National D.A.R.E. Day. Obama honored D.A.R.E. for its important work and the efforts of D.A.R.E.'s instructors and support ers. For more information about the D.A.R.E. program, visit http://www.dare.com.

of D.A.R.E.

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# · SACU shred day on FSH San Antonio Federal Credit

Union hosted Shred Day April 18 at nine of their branches including the Fort Sam Houston location on Stanley Road. Shred Day takes place once a year on the Saturday after April 15, tax day. Individuals wishing to use this service could bring up to 100 pounds of personal papers to be destroyed free. This year SACU partnered with Dress for Success in San Antonio. a not-for-profit organiza-



tion that promotes the economic independence of disadvantaged families by preparing, and mentoring women for the workforce and providing clothing for low-income women so they have appropriate clothing to wear to job interviews. Money is donated to the organization based on the amount of paper accumulated and donations received during the one-day event. "This is great, because you know how it piles up on you, and to top it off my machine broke two days ago. Then my wife heard about this on the news, that's why I'm here," said Emmanuel Solis, a disable veteran



# **APRIL 30** Homebuver seminar

RE/MAX Northeast will host a free homebuyer seminar April 30 from 7 to 8:30 p.m. at 4655 Walzem Road, located just west of IH 35. The seminar is for prospective home buyers interested in learning more about the process in buying a home. A mortgage loan officer who will discuss several topics involved in financing a home including the new \$8,000 income tax credit for first time home buyers; a title company escrow officer will exSplain the title and closing processes; a realtor will discuss the current real estate market as well as other important information about buying a home. A free credit report will be available to everyone attending. For more information or reservations, call 590-5000, ext. 1640 or e-mail homebuyers@greatsaprop-

# MAY 1 Free portraits of military **Families**

erties.com.

Texas photographer Karen

Stannard, owner of Beautifully Scene Images, will offer free portraits for families in the San Antonio area and will print a 5-by-7 print and two wallet sized prints for the Family to send overseas in time for Mother's Day or Father's Day. Families wishing to participate in the free portrait program can go to the Hemisfair Park entrance May 1 between 10 a.m. and 6 p.m. For more information, call 279-2494 or visit

# **MAY 5** San Antonio Military **Defense Technology and Intelligence Career Fairs**

photos@beautifullyscene.com

San Antonio Military Defense Technology and Intelligence will host three career fairs, May 5 from 10 a.m. to 2 p.m. at the Sam Houston Club; May 6 from 10 a.m. to 2 p.m. at the Randolph Air Force Base Officers' Club and May 7 from 10 a.m. to 2 p.m. at Lackland Air Force Base Security Hill, Kisling Community Center. These career fairs are for job seekers with any federal security clearance, infor-

mation technology, technical, engineering, aerospace, scientific, communications, military, government or intelligence background For more information or to preregister, visit www.transition careers.com.

# **Veterans in the Classroom**

The 37 Training Wing will host the USAA-sponsored Veterans in the Classroom job fair scheduled May 6 from 2 to 4 p.m. USAA hopes to expand educational opportunities for youths from San Antonio and surrounding areas by assisting retired, retiring and separating military veterans and their spouses in pursuing teaching careers. Individuals with a special interes in math, science and technology are currently being recruited. Representatives from various universities, colleges and alternative teaching certification programs will be present to answer any questions on becoming a certified teacher in Texas. Local school dis tricts will also be present to talk about upcoming openings in their district. The job fair is open to a Department of Defense identification tion card holders. The point of contact on base is Margaret Ozuna from the Airmen and Family Readiness Flight, 671-3722.

# **Fort Freebies**

For Sale: Kenmore Elite highefficiency washer and gas dryer, washer model 22086, dryer model 72066, electronic controls, kingsize capacity, charcoal color, \$550 obo for both; Wellco tan hot weather boots, size 9-1/2W, new, never worn, \$40. Call Amanda or Jon at 512-301-7345.

For Sale: Boxer puppies, fawn and brindle, 8 weeks old, available May 1, shots will be up to date, \$400. Call 330-1574.

For Sale: Epson Stylus CX4800, all-in-one color printer, copier, card reader and scanner, includes new ink, box and instructions, \$50; AT&T home phone and digital answering system, black, two handsets, one corded and one cordless, with speaker phone, charging base, box and instructions, \$30; 1999 Chevrolet Suburban 1500LT, 192K miles,

gold, three rows of leather seats, cruise control, A/C, CD, clean. runs good, \$2,500. All items available after April 29. Call 222-2115 or 630-3151.

For Sale: Warrior hybrid golf clubs, 2-3-4-5 woods, left-handed, graphite shaft, like new, \$250; Warrior 3-9PW irons, 1-3-5 woods, bag and putter, \$165; Two meter transceiver, model IC260A, all band with power supply, \$200. Call 227-6590.

**For Sale:** Elliptical exerciser, \$175; Resistol hat, brown, size 7 1/4, \$50; Little Tikes Cozy Car, \$20; Child's Harley Davidson motorcycle, battery operated, charger, spare battery, \$60; pick-up truck bed extender, \$225. Call 221-2690.

For Sale: Twin-size Craftomatic automatic bed, paid \$1,500, asking \$375 obo. Call

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is noon Monday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate and employment ads will not be published. To submit a Fort Freebie, e-mail news.leader@conus. army.mil or fax to 221-1198. Freebies can only be ran twice. Limit of five items per entry. For more information, call 221-0546.

445-4837 or 445-0142.

For Sale: Baja off-road motor bike, like new, \$450. Call 633-0881.

For sale: Abs lounger two, \$30; Image elliptical machine, \$100; small round table with two chairs, \$30; highchair, pink, \$25. Call 832-8539.

For Sale: Wedding gown, never worn, size 14, with beading, lace and train, \$350. For a picture, call 221-2584 or 262-5501.

For Sale: Nintendo Game Cube with controller and Game Boy adapter, good condition, \$40; two kitchen high chairs, green wicker, \$10 each. Call 697-9261.

**Yard Sale:** Huge yard sale, April 24 and 25 from 8 a.m. to 3 p.m. at 232 Legacy Trail, LaVernia. Lots of household items to include kitchenware, yard items, crafts, antiques, furniture, toys, men and women's clothing. Call 262-5501.

For Sale: 2004 Tracker Tahoe Q4 boat, 19? feet, 190hp Mercury Inboard Engine, space for seven, single axel trailer, green and white, bimini top, swim platform, stereo system, \$13,500. E-mail harltonkj@yahoo.com.

For Sale: Alfred Angelo bridal gown, Style 1193, white with navy blue accents, satin, metallic embroidery, crystal beading, seguins, rhinestones, semi-cathedral train, size 12, brand new, paid \$800, asking \$500 obo. Serious inquiries, call 391-4673 or e-mail maryowens1974@ vahoo.com for pictures.



### Main Post Chapel, Building 2200, 221-2754

Catholic Services:

4:45 p.m. - Reconciliation - Saturdays 5:30 p.m. - Mass - Saturdays 9:30 a.m. - Mass - Sundays 11:30 a.m. - Mass - weekdays Protestant Services - Sundays: 8 a.m. - Collective Protestant

11 a.m. - Collective Protestant Jewish Services: 379-8666 or 493-6660 8 p.m. - Fridays - Worship and 8:30 p.m. -Oneg Shabbat

### Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

Catholic Services: 9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study - Mondays

12:30 p.m. - Mass - Sundays Protestant Services: 10:30 a.m. - Gospel Protestant - Sundays 9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child

care is provided 6:30 to 7:30 p.m. - Protestant Women of the Chapel meeting - Thursdays, child care is Samoan Protestant Service: 8:30 a.m. -

**Brooke Army Medical Center** Chapel, Building 3600, 916-1105 Catholic Services:

8:30 a.m. - Mass - Sundays 11 a.m. - Mass - Sundays Protestant Services: 10 a.m. - Worship Service - Sundays Enisconal/Lutheran Rite services

# 916-1105

Christ for the Intrepid services: 6 p.m. - Contemporary worship - Sundays 1398, 221-4362

32nd Medical Brigade Student services Catholic Mass: 8 a.m. - Sundays

Fort Sam Houston Library, Building 1222, 221-4702 **Church of Jesus Christ of Latter Day Saints** 

8:30 a.m. - Sundays Installation Chaplain's Office,

Building 2530, 295-2096 Contemporary Protestant: 11:01 a.m. -

Web site:

12:30 p.m. - Traditional worship - Thursdays

Center for the Intrepid, first floor,

5:30 p.m. - Coffee and fellowship - Sundays **AMEDD Regimental Chapel, Building** 

Contemporary Protestant Service: 9:30 Muslim Jumma: 1:30 p.m. - Fridays

www.samhouston.army.mil/ chaplain